

FREDERICK is going to Saranac!

The 33rd Annual Can-Am Rugby Tournament

www.canamrugby.com

August 4 - 6, 2006

(Tournament will be Friday, Saturday and Sunday)



We have secured a spot for a team in the 2006 Can-Am
Rugby Tournament.



We will be looking to travel with a squad of 25+ players.

We will compete under the name

Mason Dixon ITS

in the Men's Social Division

(Won by the Lost Lions (Penn State Alumni) in 2004 & 2005)

For all who are interested in going to this, the largest rugby tournament in the country, here are some details:

1. The tournament is a 3-day format.
 - A. Old Boys (Big Ed Shafer's team – Ancient Warriors) matches are played on Friday
 - B. Premier, Social & Women's (Mason Dixon ITS & Frederick Women) matches are played on Saturday.
 - C. All Winners continue to semi's and finals, which are played on Sunday.
2. There are 2 towns to choose from for accommodations.
 - A. Saranac Lake
 - Several Hotels and Motels to choose from.
 - Very close to the fields (5-10 min)
 - Walking to the rugby party and rugby bars.
 - Very much the PARTY town!!
 - B. Lake Placid
 - Several Hotels and Motels to choose from.
 - Further drive to the fields (20-25 min)
 - Several bars to walk to in town.
 - More relaxed, but still partying!!
 - Olympic Ice Rink, where the "Miracle" was.
 - C. Other
 - Houses and Condos to rent, for families or groups
 - Campgrounds or RV Parks, for the nature lover

As this tournament attracts some 100+ teams, accommodations in the area fill up quickly. If you will be traveling independently, you need to start looking for a place now. If you want to travel with the team group, you need to let us know now and pick Saranac or Lake Placid to stay. We will arrange some rooms together in one of these towns, based on majority rules.

If you need help finding a place or have questions about the area, talk to Kenny.

NOTE: If you want to go to the Saturday rugby party in Saranac and have to drive, you WILL go through a police checkpoint!!!

3. If you have never been to the Adirondack Mountains, this is some beautiful country.
 - A. Several people will make this a family trip, taking some extra time before or after the rugby.
 - B. 10 hour drive to get there, but Albany Airport is about 2 hours away for flyers and rental cars.