

## Navy/Washington/Frederick Scrimmage: August 26th:

This Saturday we travel to Annapolis for a scrimmage with Navy and Washington. In all we have four 20-minute sessions. I want to use two for the A-side and two for a mix of A and B players.

The scrimmage starts at 11:00am and will be over by 2:30pm. Please be at the Naval Academy by 10:00am – if you want to carpool please be at the 7<sup>th</sup> Street/Rt-15 Max Keene Park parking area for 8:00am. There are security issues to get onto the Academy so please don't leave late.

Remember to e-mail me your car tag number (and state if not Maryland) – this will permit you to get onto the base (see directions below). Obviously carpooling would be a good idea for this week.

This is a short outing – you'll be back in Frederick by 5:00pm – there is no social afterwards, once again due to security issues.

### Directions to the Naval Academy in Annapolis

90-minutes from Frederick

Take I-70 East towards Baltimore

Take Exit 87A Rt-29 South to Columbia/Washington

Take Exit 22 MD-100E to Glen Burnie, go SE

Take Exit 13A-B I-97 to Annapolis

Take Rt-50 east towards Annapolis/Bay Bridge

Keep on Rt-50 until exit 27 where you will exit to the right onto state highway 450 towards the Naval Academy

This road will go about a mile and a half until the Naval Academy Bridge

From the bridge, you will be able to see the Academy and the pitch

After crossing the bridge, the first gate you come to will be gate 8 on your left

**If you have pre-cleared your vehicle** enter here and the guards can direct you how to get to Hospital Point and the rugby pitch.

**If you have not pre-cleared your vehicle** there is a parking lot to the Right opposite gate 8 and a neighborhood just after the bridge. Limited parking will be available.

### **Scrimmage Format:**

Washington Vs. Navy 11:00-11:20 am

Washington Vs. Frederick 11:30-11:50 am

Navy Vs. Frederick 12:00-12:20 pm

Washington Vs. Navy 12:30-12:50 pm

Washington Vs. Frederick 1:00-1:20 pm

Navy Vs. Frederick 1:30-1:50 pm